

# TAKE THE GUESSWORK OUT OF RAISING A CHILD WITH A DISABILITY



## Positively build your child's skills to help them meet their potential

Raising a child who has a disability or developmental delay, including ASD, can be challenging and stressful as well as rewarding. Your child may have trouble learning new skills and behaviors, struggle to cope with changes, and/or have frequent meltdowns. Stepping Stones Triple P is a specially-tailored type of Triple P - Positive Parenting Program to help everyone cope with these challenges. Attend any or all of these 1-hour relaxed and interactive workshops on Zoom from 6:00-7:00pm.

- **November 8- A Guide to Social Skills**
- **December 13- A Guide to Mealtimes**
- **January 17- A Guide to Disruptive Behavior**
- **February 21- A Guide to Being Part of the Community**

All sessions are free to parents and caregivers living or working in Knox County. A \$10 childcare reimbursement and \$25 dinner reimbursement is available. Contact us at 740-397-2840 or [psiknox@gmail.com](mailto:psiknox@gmail.com) with questions or to register.

The opinions, products, activities and/or services of this organization are neither sponsored nor endorsed by the school district.

Registration link: <https://forms.gle/Td1s1M5pyh39H5hXA/> or scan:



Learn more about Triple P at [www.triplep-parenting.com/knox](http://www.triplep-parenting.com/knox)

